

## Summer Vegetable Share

A basic Vegetable Share is approximately 8 to 20 pounds of vegetables, depending on the season. This is usually enough to fill one or two large grocery sacks.

*The cost of a full vegetable share is: \$685.00*

*The cost of a small vegetable share is: \$535.00*

The shares are distributed weekly mid-June through early November. Some items you might expect in your vegetable share, weather dependent:

Early – Mid Summer Amaranth Greens, Arugula, Asian Greens, Assorted Greens, Basil, Beans Green & Yellow, Beet Greens, Beets, Broccoli, Cabbage, Cherry Tomatoes, Cucumbers, French Crisp Lettuces, Fresh Garlic, Green Onions, Heirloom Lettuces, Kale, Peas, Rhubarb, Spinach, Summer Squash, Swiss Chard, Zucchini

Mid – Late Summer Assorted Greens, Basil, Beans Green & Yellow, Beets, Celery, Cherry Tomatoes, Cucumbers, Eggplant, French Crisp Lettuces, Heirloom Lettuces, Heirloom Tomatoes, Hot Peppers, Kale, Lettuces, Onions, Parsley, Peppers, Plum Tomatoes, Pole Beans, Potatoes Blue-Red-White-Yellow, Romano Beans, Summer Squash, Sweet Corn Bicolor and White, Swiss Chard, Tomatoes, Zucchini

Fall Acorn Squash, Assorted Greens, Basil, Bok Choi, Broccoli, Broccoli Raab, Brussels Sprouts, Butternut Squash, Cabbage, Carrots, Cauliflower, Celeriac, Celery, Cherry Tomatoes, Chinese Cabbage, Collards, Delicata Squash, Edamame, Eggplant, Heirloom Tomatoes, Kale, Kohlrabi, Leeks, Lettuces, Onions, Peppers, Plum Tomatoes, Potatoes, Sessantina, Shell Beans, Spinach, Sugar Pumpkins, Sweet Corn, Sweet Dumpling Squash, Sweet Potatoes, Swiss Chard, Turnips, Zucchini



*Our Famous No-Spray Sweet Corn*



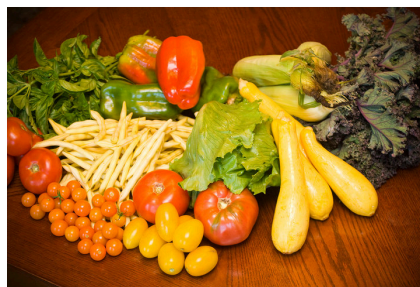
## Tree Fruit Share

The cost of the Tree Fruit Share is \$285, due at sign-up.

The shares will be distributed mid-July through early November, or approximately 18 to 20 weeks, dependent on the weather.

Some items you might expect in your Fruit Share: White Peaches, Yellow Peaches, Apples, Plums, Cherries, Nectarines, Pears, Apricots

Tree fruits are grown using I.P.M. (Integrated Pest Management) methods with limited minimal spraying, all done at the blossom time.



*Photo by Randye Kerstein*

## Cutting Garden Shares

### Daffodils Share

Cut your own fresh daffodils weekly during the daffodil season (usually April into May). Enjoy the spring scent and lovely colors on your table.

This add-on share will be \$50

### Herb Garden Share

Cut your own bouquet garni each week to your specific needs. Greenhouse grown and field grown herbs will be included.

This add-on share will be \$95.

### Summer Cutting Garden

Enjoy the summer season with bright and colorful summer flowers. Keep your vases full with the colors of summer. Zinnias, Snapdragons, Ageratum, Celosia, Gomphrena, Cosmos, and more.

The Summer Cutting Garden Share will be \$95.

## Early Spring Share

This share starts in early April and runs through mid June, or approximately 11 to 12 weeks. We will utilize our solar greenhouses to gain early production. Crops will include Arugula, Asian Greens, Baby Beets, Basil, Beet Greens, Bok Choi, Chinese Cabbage, Chives, Garlic, Green Onions, Heirloom Lettuces, Italian Parsley, Mizuna, Red Onions, Rhubarb, Salad Greens, Sessantina, Spicy Greens, Spinach, Sugar Snap Peas, Swiss Chard, and (hopefully) the first early strawberries

*The cost of the Early Spring Share is \$385 for a full share and \$285 for a small share (we reserve the right to add a heating fuel surcharge of up to \$15 if March is colder than normal).*



## Late Season Vegetable Share

*On a scale of 1 to 10 (10 being best), 2010 members rated this share at 10.55!*

Finish the season with a late season vegetable share or join us for a short trial share before next season.

This late season share will run for 7 weeks starting early in November.

This vegetable share will include both greenhouse grown vegetables and late field grown vegetables such as Arugula, Asian Greens, Broccoli, Cabbage, Carrots, Celeriac, Collards, Green Onions, Kale, Kossac Kohlrabi, Leeks, Lettuces, Mustard Greens, Pak Choi, Potatoes, Red Choi, Red Turnip, Rutabaga, Spinach, Tatsoi, Turnips, White Salad Turnip, Winter Squashes, and a different Heirloom Apple Cultivar each week.

*The cost of the late season share is \$300 full share or \$200 small share (we reserve the right to add a heating fuel surcharge of up to \$15 if November is colder than normal).*

*Leftover vegetables are donated to local food pantries after share pickup days*

## The CSA at Arrowhead

Here at Arrowhead, we have formed a CSA to provide fresh vegetables, fruits, meats, eggs, flowers and herbs to our members during the growing season. The CSA at Arrowhead will consist of weekly distributions of farm products starting in early April and running through late December, depending upon the growing season. The Farm provides as wide a selection of good things to eat each week as possible, varying with the seasons, to our shareholders.

All members of the CSA at Arrowhead will be kept informed of the farm's progress throughout the growing season via an emailed newsletter and scheduled "Twilight Meetings". Special members-only events are going to be planned, so watch your newsletter

Every week from mid-June to the end of October, Summer CSA shareholders are invited to our Newburyport farm to receive a wide variety of fresh, local, sustainably grown vegetables. Shareholders will receive 8-24 pounds of produce each week. The poundage increases as the summer harvest gets into full swing. There will also be Pick-Your-Own vegetables, herbs, and flowers available for shareholders to harvest each week. One share is sufficient to feed 2-3 vegetarian adults or a family of four with mixed diets.

Each Full Summer Vegetable Share is \$685. Each Small Summer Vegetable Share is \$535. The Shares can be paid all at once, or in five installments.

Payment Schedule for Installments will include a monthly invoice.

### Full Vegetable Share Plan

\$200 deposit at signup  
\$125 due by March 30  
\$125 due by April 30  
\$125 due by May 30  
\$110 due by June 30

### Small Vegetable Share Plan

\$200 deposit at signup  
\$100 due by March 30  
\$100 due by April 30  
\$75 due by May 30  
\$60 due by June 30

**To Pay:** Checks can be made out to **CSA at Arrowhead** and can be sent to us at:

**The CSA at Arrowhead**  
131 Ferry Road  
Newburyport MA 01950

Credit card information can be entered online at **PayPal**. Log in using your own account information and click on the 'send money' tab. Use our **CSA@ArrowheadFamilyFarm.com** as the 'send to' email address. You may also sign up and pay through PayPal using our website at [www.arrowheadfamilyfarm.com](http://www.arrowheadfamilyfarm.com).

<u>Early Spring Share</u>	\$385/Full	\$285/Small
Deposit	\$200	\$200
March 30	\$100	\$50
April 30	\$85	\$35

Daffodil/Herb Garden No Payment Plan, \$95

Tree Fruit Share No Payment Plan, \$285

Summer Cutting Garden No Payment Plan, \$95

<u>Late Fall Vegetable</u>	\$300/Full	\$200/Small
Deposit	\$150	\$100
November 1st	\$150	\$100

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Town: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

### **The Shares**

Full Summer Vegetable	\$685	
Small Summer Vegetable	\$535	
Tree Fruit Share	\$285	
Full Early Spring Share	\$385	
Small Early Spring Share	\$285	
Daffodil Share	\$50	
Summer Cutting Garden	\$95	
Herb Cutting Garden	\$95	
Full Late Season Share	\$300	
Small Late Season Share	\$200	
<b>Total Due</b>	<b>\$</b>	

### **Payment Information**

Full Payment enclosed

PayPal (for credit card payment)

Payment Plan (see side panel)

I commit to membership in the CSA at Arrowhead for the 2012 season. I will pickup my shares at the farm on distribution days. I understand that I am buying a share of a live animal when purchasing a livestock share.

In CSA, members join with the farmer in the risks of farming (crop failure, poor weather, etc.) and its rewards. I understand that my share will vary from week to week, generally consisting of 8 to 20 lbs. of food, varying with the seasons. There is no guarantee on the exact amount or contents of my share.

I understand that this is a Community Supported Farm, and I agree to share with Arrowhead the risks and rewards inherent in growing food.

\_\_\_\_\_  
Signature

*Support  
Sustainable Local  
Agriculture*



*2012  
Membership  
Application*

131 Old Ferry Road  
Newburyport, MA 01950  
978-465-8109

[www.arrowheadfamilyfarm.com](http://www.arrowheadfamilyfarm.com)